

Patient Discussion Guide

For Patients with Recurrent Brain Tumors

A resource to support patients in conversations with their doctors about treatment options for recurrent operable gliomas, brain metastases, and meningiomas.

We know hearing that your brain tumor has come back is the last thing you wanted. It's overwhelming, it's frustrating, and it's unfair. Please remember, you are not alone. This next chapter is about strength, clarity, and action. We're here to help you take control and give you the tools to face what's ahead with confidence.

This discussion guide is meant to empower you with helpful questions and talking points as you prepare for the next steps in your treatment journey. **Be sure to bring this discussion guide to your next appointment with your doctor.**

“Being a patient advocate for yourself isn’t just important, it’s essential! Ask questions, speak up, and trust your instincts. Your voice matters, and taking an active role in this fight can make all the difference.”

– **Brian**, GammaTile® patient

TIPS AND BEST PRACTICES FOR YOUR NEXT APPOINTMENT

1. **Ask your doctor if you can record the visit** (audio only).
 - a. There is a lot to take in. Having a recording can help when you want to revisit the conversation later or share it with your loved ones. That way you can be present and engaged in the moment rather than worrying about taking notes.
2. **Don't feel rushed – this time is devoted to you and only you.**
3. **Ask follow-up questions if something isn't clear.** No question is too small or too simple – your concerns matter.
4. **Be patient with yourself.** It's completely normal to feel overwhelmed.
5. **Bring a loved one or close friend to support you and help ask questions.**
6. **Bring a bottle of water with you.** Water can help settle your nerves, keep your throat from getting dry, and give you a moment to pause if things feel heavy.
7. **Take a moment before you go in.** Others have stood where you are now – facing the unknown, asking the hard questions. This is the next step in your fight, and you are not alone. We're here to support you, every step of the way.

QUESTIONS TO ASK IF YOUR TUMOR COMES BACK

Understanding Tumor Recurrence

- **How does my tumor differ now from my initial diagnosis?** (Location, size, growth rate, etc.)

- Can you walk me through the imaging so I can understand?
- Why do brain tumors come back after treatment?
- Is the recurrence in the same area, or somewhere else? (Is this the same tumor?)
- What are the goals of treatment for recurrent tumors, and how does my tumor differ now from my initial diagnosis?
- Does this office have a patient navigator or someone who can help me explore available support and resources?

Treatment Options After Recurrence

- What treatment options are available for recurrence?
- Am I a candidate for surgery?
- Have I exhausted standard therapies, or are there others I should consider?
- Are there any new clinical trials I should consider?
- If this treatment does not work, what happens next?
- What are the potential benefits and risks of each treatment option?

Managing Daily Life

- How will treatment affect my daily life?
- What support services are available to me and/or my family?
- Are there resources for transportation, lodging, and childcare, if I need to travel frequently?

Recovery and Follow-Up

- What does recovery look like after treatment for recurrence?
- What follow-up care will I need?
- How often will I need imaging/follow-up?

CONSIDERING GAMMATILE AS PART OF YOUR TREATMENT PLAN

GammaTile is one of the options available for patients with recurrent, operable brain tumors. It may be used in combination with other treatments and is designed to deliver targeted radiation therapy directly to the area where the tumor was removed. Your doctor can help you decide if GammaTile is appropriate for your type of tumor and your treatment goals.



For product information or assistance, or to be connected with your GammaTile representative, contact:

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