

## Patient Discussion Guide

### For Patients with Newly Diagnosed Brain Tumors

*A resource to support patients in conversations with their doctors about treatment options for newly diagnosed operable gliomas, brain metastases, and recurrent meningiomas.*

Facing a brain tumor diagnosis can feel overwhelming. We understand that knowing what to ask your provider isn't always easy. That's why we've prepared these thoughtful questions—to help you feel confident and in control of your treatment journey.

**Bring this discussion guide to your next appointment** and work with your doctor to choose the appropriate treatment for you.

**“Discovering new treatment options gave me hope. It reminded me that there are more paths forward than you think. You are never stuck in one place. The future keeps moving, and so does the fight.”**

– **Danny**, GammaTile® patient

#### TIPS AND BEST PRACTICES FOR YOUR NEXT APPOINTMENT

1. **Ask your doctor if you can record the visit** (audio only).
  - a. There is a lot to take in. Having a recording can help when you want to revisit the conversation later or share it with your loved ones. That way you can be present and engaged in the moment rather than worrying about taking notes.
2. **Don't feel rushed – this time is devoted to you and only you.**
3. **Ask follow-up questions if something isn't clear.** No question is too small or too simple – your concerns matter.
4. **Be patient with yourself.** It's completely normal to feel overwhelmed.
5. **Bring a loved one or close friend to support you and help ask questions.**
6. **Bring a bottle of water with you.** Water can help settle your nerves, keep your throat from getting dry, and give you a moment to pause if things feel heavy.
7. **Take a moment before you go in.** Others have stood where you are now – facing the unknown, asking the hard questions. This is the next step in your fight, but you are not alone. We're here to support you, every step of the way.

#### QUESTIONS TO ASK YOUR TREATMENT TEAM

##### Understanding Your Diagnosis

- **What does my diagnosis mean** (e.g., glioma, brain metastasis, meningioma)?
- **Is my tumor benign** (non-cancerous) **or malignant** (cancerous)?
- **What is the traditional treatment pathway for a patient with my diagnosis?**

- What alternative treatments might be available for my condition?

### **Treatment Options**

- What are my treatment options?
- What happens during brain tumor surgery?
- Why is it important to treat a brain tumor immediately after surgery?
- What clinical trials are available to me?
- How often will I need to be at the hospital/clinic for each treatment?
- Will I lose my hair during my treatment?
- What side effects might I experience during treatment?

### **Your Treatment Team**

- Who will be a part of my treatment team?
- How often will I see each member of my care team?
- What is the role of each team member?
- Can I request a second opinion?
- Who is my main point of contact in case of an emergency?

### **Personal Health Changes**

- Are there lifestyle or diet changes that could support my treatment or recovery?
- What resources are available to support myself and my family?
- Are there additional therapies I can take for pain while I undergo my treatment?

### **Recovery and Follow-Up**

- Can the tumor grow back?
- How will treatment affect my daily life?
- How long does it take to recover from surgery?
- What will my follow-up treatments and imaging look like?

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## **CONSIDERING GAMMATILE AS PART OF YOUR TREATMENT PLAN**

GammaTile is one of the options available for patients with newly diagnosed, operable brain tumors. It may be used in combination with other treatments and is designed to deliver targeted radiation therapy directly to the area where the tumor was removed. Your doctor can help you decide if GammaTile is appropriate for your type of tumor and your treatment goals.



For product information or assistance, or to be connected with your GammaTile representative, contact:

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